

Fragen/Korrekturen? Dann Mail an 3st@ausdauer57.de !

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
W8	CIN	ECE	BIRLENBACHER SCHULE	2016			00:08:01	1	-
W8	ROSENBERGER	MATILDA	TVE NETPHEN	2016		00:05:33		1	-
M8	KÖHLER	FINN	TV LANGENHOLDINGHAUSEN	2016	00:03:25	00:04:21	00:06:55	3	0:14:41
M8	ABROMEIT	LEVI	ALCHER TG	2016			00:06:57	1	-
M8	BAUMHOFF	JONATHAN	TV LANGENHOLDINGHAUSEN	2016			00:07:57	1	-
M8	CASTNER	FELIX	BIRLENBACHER SCHULE	2016			00:08:00	1	-
M8	KLEIN	BENJAMIN		2016		00:04:45		1	-
M8	KOCAK	HÜDA BAYAR	TV LANGENHOLDINGHAUSEN	2016			00:09:04	1	-
M8	KOSKA	BÜNYAMIN	BIRLENBACHER SCHULE	2016			00:09:54	1	-
M8	OBERIN	ANTON	TRITEAM SIEGERLAND	2016	00:03:38			1	-
M8	SCHMIDT	LEONARD		2016			00:07:30	1	-
W9	KLEIN	LUMI	ASC WEIßBACHTAL	2015	00:03:43	00:04:28	00:07:01	3	0:15:12
W9	ALAKRESH	RASEEL	BIRLENBACHER SCHULE	2015			00:10:45	1	-
W9	DIETERMANN	GRETA	ASC WEIßBACHTAL	2015		00:05:03		1	-
W9	DOLIGANSKI	HANNA	TUS HILCHENBACH/LGK	2015	00:04:29			1	-
W9	ERMERT	MIA SOFIE	TSG SIEGEN	2015	00:04:40			1	-
W9	KARACA	SARE	BIRLENBACHER SCHULE	2015			00:09:12	1	-
W9	KOTTHAUS	JORDIS	BIRLENBACHER SCHULE	2015			00:08:27	1	-
W9	MEINECKE	ZOE	TV LANGENHOLDINGHAUSEN	2015			00:11:14	1	-
W9	SCHMIDT	SOPHIA	TV LANGENHOLDINGHAUSEN	2015			00:08:10	1	-
W9	SCHULZE	LENA	ASC WEIßBACHTAL	2015	00:03:45			1	-
W9	VOGEL	JAMIE	TV LANGENHOLDINGHAUSEN	2015			00:08:00	1	-
W9	VOIT	SOPHIE	TVE NETPHEN	2015		00:08:08		1	-
M9	KUCKENBURG	MIKA	ASC WEIßBACHTAL	2015	00:03:34	00:04:34	00:07:06	3	0:15:14
M9	BJELOVUK	ANSGAR	TUS FERNDORF	2015	00:03:41		00:07:25	2	-
M9	BERGER	NOAH	TVL / GS BIRLENBACH	2015			00:08:56	1	-
M9	GLASER	LEON	BIRLENBACHER SCHULE	2015			00:08:41	1	-
M9	GNAD	EMIL	BIRLENBACHER SCHULE	2015			00:07:54	1	-
M9	KÖHLER	JAKOB	TV LANGENHOLDINGHAUSEN	2015			00:07:07	1	-
M9	KOSKA	YUSUF	BIRLENBACHER SCHULE	2015			00:07:29	1	-
M9	SCHNEIDER	CARL	TV LANGENHOLDINGHAUSEN	2015			00:07:13	1	-
M9	SCHNEIDER	ELMAR	TRITEAM SIEGERLAND	2015	00:03:39			1	-
M9	SCHURE	ARTHUR	TV LANGENHOLDINGHAUSEN	2015			00:06:41	1	-
W10	ANLAUF	LILLY	TV LANGENHOLDINGHAUSEN	2014			00:07:46	1	-
W10	BECHTEL	LUISA	ALCHER TG	2014			00:07:12	1	-
W10	BECKORD	ZOE	ALCHER TG	2014			00:08:55	1	-
W10	BOGAERTS	LILLY	TVE NETPHEN	2014		00:05:07		1	-
W10	FASEL	SONJA	TV LANGENHOLDINGHAUSEN	2014			00:08:24	1	-
W10	HOFFMANN	LEONIE	ALCHER TG	2014			00:09:12	1	-
W10	KLEIN	CLAUDIA		2014		00:05:07		1	-
W10	KOCAK	CEMILE LIYA	TV LANGENHOLDINGHAUSEN	2014			00:10:25	1	-
W10	KRAFT	JAEL	TV LANGENHOLDINGHAUSEN	2014			00:07:35	1	-
W10	LEDWIG	VANESSA	SPORTFR. DÜNSCHEDE	2014	00:04:11			1	-
W10	SCHERER	JULIE	BIRLENBACHER SCHULE	2014			00:11:02	1	-
W10	TRAPP	LAURA	TV LANGENHOLDINGHAUSEN	2014			00:08:24	1	-
M10	REINSCHMIDT	LEO	VTV FREIER GRUND	2014	00:03:25	00:04:28	00:06:42	3	0:14:35

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
M10	ABROMEIT	FYNN	ALCHER TG	2014			00:06:13	1	-
M10	BEHR	JOAS	TVE NETPHEN	2014		00:04:14		1	-
M10	DONNER	FYNN	TV LANGENHOLDINGHAUSEN	2014			00:07:30	1	-
M10	FREUNDORFER	LEON	TUS FERNDORF	2014	00:03:31			1	-
M10	MERZ	PAUL	ASC WEIßBACHTAL	2014	00:03:37			1	-
M10	NOCKEMANN	SEBASTIAN	TV LANGENHOLDINGHAUSEN	2014			00:07:30	1	-
M10	PANNING	PAUL	TV LANGENHOLDINGHAUSEN	2014			00:06:53	1	-
M10	SCHLEFKE	TIM JONA	TVE NETPHEN	2014		00:04:36		1	-
M10	STORK	RICHARD	TUS 09 DROLSHAGEN	2014		00:04:04		1	-
M10	WULFLEFF	ERIC	TVE NETPHEN	2014		00:04:34		1	-
M10	YIGIT	BIBAL		2014			00:11:55	1	-
M10	ZBICK	PEPE	TUS FERNDORF	2014	00:03:23			1	-
W11	JUNG	MATHILDA	ASC WEIßBACHTAL	2013	00:03:10	00:04:01	00:06:46	3	0:13:57
W11	BERG	MARIE	ASC WEIßBACHTAL	2013	00:03:50	00:04:46	00:07:17	3	0:15:53
W11	KRAFT	VIVIEN	TV LANGENHOLDINGHAUSEN	2013	00:04:32	00:05:29	00:09:03	3	0:19:04
W11	IMMEL	FRANZISKA	ALCHER TG	2013			00:08:07	1	-
W11	JAMIL	MARIAM	TRITEAM SIEGERLAND	2013	00:03:41			1	-
W11	SCHMECK	GRETA	TVE NETPHEN	2013		00:04:51		1	-
W11	SCHMIDT	LEONIE	TV LANGENHOLDINGHAUSEN	2013			00:07:59	1	-
W11	TEN HAAF	MARLENE	TUS FERNDORF	2013	00:03:53			1	-
W11	WUNDERLICH	ZINA		2013	00:04:02			1	-
M11	BRECKERFELD	LINUS	REMSCHIED	2013		00:04:23		1	-
M11	FANAJ	YLL	TV LANGENHOLDINGHAUSEN	2013			00:07:18	1	-
M11	HILLER	LEONARD	TV LANGENHOLDINGHAUSEN	2013			00:08:45	1	-
M11	KALMANN	GREGOR	TVE NETPHEN	2013		00:05:14		1	-
M11	KOTTHAUS	THORGER		2013			00:11:58	1	-
M11	LUCKS	JANO		2013		00:04:20		1	-
M11	NOCKEMANN	MALTE		2013			00:06:39	1	-
M11	VOGEL	LUKAS	TV LANGENHOLDINGHAUSEN	2013			00:07:44	1	-
W12	KLEIN	FILIPA	ASC WEIßBACHTAL	2012	00:07:27	00:09:30	00:05:58	3	0:22:55
W12	SCHNEIDER	LENI	ASC WEIßBACHTAL	2012	00:07:46	00:09:52	00:06:12	3	0:23:50
W12	BERG	LILLY	ASC WEIßBACHTAL	2012	00:09:55	00:11:55		2	-
W12	KURZ	EMILY	JUGENDFEUERWEHR	2012	00:09:46			1	-
W12	OBERIN	LIESELOTTE	TRITEAM SIEGERLAND	2012	00:08:18			1	-
M12	KADRIJA	LEON	TV LANGENHOLDINGHAUSEN	2012			00:07:04	1	-
M12	KÖHLER	MORITZ	TV LANGENHOLDINGHAUSEN	2012			00:06:50	1	-
M12	WETH	LEONARD	TVE NETPHEN	2012		00:10:12		1	-
W13	JUNG	LILLY	ASC WEIßBACHTAL	2011	00:08:47	00:10:46	00:06:54	3	0:26:27
W13	PANNING	HANNAH	TV LANGENHOLDINGHAUSEN	2011			00:07:11	1	-
M13	UEBACH	LEONARD	LG KINDELSBERG KREUZTAL	2011	00:06:46	00:08:13	00:05:24	3	0:20:23
M13	LUCKS	MILIAN	SG SIEGEN	2011	00:08:14	00:10:11		2	-
M13	AFHOLDERBACH	FELIX	TUS FERNDORF	2011	00:08:27			1	-
M13	BRUCH	TOM	TV LANGENHOLDINGHAUSEN	2011			00:06:16	1	-
M13	BÜDENBENDER	NOAH	TUS FERNDORF	2011	00:12:14			1	-
M13	GESKE	MELIO	DLRG WEIDENAU	2011	00:11:01			1	-
M13	JÄCKEL	MAX		2011			00:08:06	1	-
M13	KOTTHAUS	ARVID		2011			00:10:31	1	-
W14	MÜNZNER	LOUISA	ASC WEIßBACHTAL	2010	00:08:00		00:06:33	2	-
W14	NOCKEMANN	ALEXANDRA	TV LANGENHOLDINGHAUSEN	2010			00:08:15	1	-
M14	KUCKENBURG	TIM	ASC WEIßBACHTAL	2010	00:07:24	00:09:15	00:05:35	3	0:22:14
M14	KRAFT	DEVIN	TV LANGENHOLDINGHAUSEN	2010	00:08:03	00:10:35	00:06:08	3	0:24:46
M14	SCHNEIDER	MORITZ	TV LANGENHOLDINGHAUSEN	2010	00:09:54	00:11:21	00:08:03	3	0:29:18

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
M14	BODE	EMIL	TV LANGENHOLDINGHAUSEN	2010	00:09:57		00:08:57	2	-
M14	NISSSEL	TIMO	LG KINDELSBERG KREUZTAL	2010	00:08:36			1	-
W15	SCHNEIDER	EMMA	ASC WEIßBACHTAL	2009		00:09:20	00:06:26	2	-
W15	SCHNEIDER	MATHILDA	ASC WEIßBACHTAL	2009		00:09:47	00:06:33	2	-
W15	SCHNEIDER	FRIDA	TRITEAM SIEGERLAND	2009	00:08:02			1	-
WU18	MÜNZNER	SOPHIA	ASC WEIßBACHTAL	2008	00:34:20	00:39:31	00:25:46	3	1:39:37
WU18	FUCHS	GRETA	TRITEAM SIEGERL./LGK	2008		00:30:39	00:20:33	2	-
WU18	GRAFFMANN	MALIN	TUS ERNDTEBRÜCK	2008			00:24:58	1	-
WU18	RADDOEV	DALINA	TSV SIEGEN	2008	00:39:32			1	-
MU18	KRUMM	SIMON	ASC WEIßBACHTAL	2008	00:31:09	00:34:27	00:22:13	3	1:27:49
MU18	SCHNEIDER	FELIX	TV LANGENHOLDINGHAUSEN	2007	00:33:38	00:34:08	00:21:31	3	1:29:17
MU18	BERG	BEN	ASC WEIßBACHTAL	2009	00:24:42	*		2	-
MU18	WAGENER	SIMON	TVE NETPHEN	2007		00:29:50	00:19:50	2	-
MU18	HEINISCH	MELVIN	TUS FERNDORF	2007	00:29:55			1	-
WU20	DICKHAUT	MAILIN	TUS ERNDTEBRÜCK	2005			00:23:49	1	-
WU20	FUCHS	CLARA	TV LANGENHOLDINGHAUSEN	2005	00:25:19			1	-
MU20	SZIBURIES	PHIL	SG WENDEN	2006	00:27:09			1	-
WJED	DORNHÖFER	LENA	TSG HELBERHAUSEN	1992	00:27:31	00:32:47	00:21:26	3	1:21:44
WJED	FUCHS	MARIE	TSG HELBERHAUSEN	1994	00:33:34	00:36:55	00:25:50	3	1:36:19
WJED	WAGENER	TAMARA	NETPHEN	1972	00:35:36	00:39:25	00:26:17	3	1:41:18
WJED	VOLLPRACHT	FRANZISKA	TUS HILCHENBACH/LGK	1998	00:35:28	00:39:22	00:26:38	3	1:41:28
WJED	V.BARNEKOW-SCHMIDT	BRITA	TSV AUE-WINGESHAUSEN	1965	00:40:51	00:42:53	00:28:02	3	1:51:46
WJED	JÜNGST	BARBARA	ASC WEIßBACHTAL	1954	00:42:34	00:45:09	00:29:59	3	1:57:42
WJED	BERG	SONJA	ASC WEIßBACHTAL	1980	00:37:30	00:39:33		2	-
WJED	GAST	HEIDI		1968	00:37:48		00:28:39	2	-
WJED	JAKOB	LEONI	ASC WEIßBACHTAL	1982	00:38:32	00:43:20		2	-
WJED	KLEIN	SABINE	ASC WEIßBACHTAL	1982	00:32:51	00:38:22		2	-
WJED	KLINKHAMMER	CHANTAL	57WASSER	1997		00:41:31	*	2	-
WJED	MITTLER	MATTEA	CROWNTOWN RUNNERS	2002	0,022465		*	2	-
WJED	STÖTZEL-DITSCHKE	CHRISTIANE	SG SIEGEN-GIERSBERG	1957	00:46:29		00:33:46	2	-
WJED	VOLLPRACHT	SWENJA	TUS HILCHENBACH	1999	00:39:15		00:28:18	2	-
WJED	WEBER	CSILLA	LAUFTREFF HANKER	1962	00:42:21	00:42:48		2	-
WJED	DICKHAUT	MIRIAM	TUS ERNDTEBRÜCK	1975			00:25:15	1	-
WJED	FLEISCHER	CARINA	THE LEINCHENS ON RUN	1996		00:37:15		1	-
WJED	FRIES	CORNELIA	ADH WEIDENAU	1972			00:27:47	1	-
WJED	FÜHRT	SUSANNE	TUS 08 BILSTEIN	1977		00:49:36		1	-
WJED	GIESELER	MICHAELA	ASC WEIßBACHTAL	1985	00:37:31			1	-
WJED	GRIEBER	SUSANNE		1963		00:38:37		1	-
WJED	HEIDE	ANNA	BAD FREDEBURG	1996		00:45:38		1	-
WJED	KÄMPFER-WERTHENBACH	CHRISTINA	SG SIEGEN-GIERSBERG	1956	00:38:46			1	-
WJED	KÖHLER	ANTONIE	TV LANGENHOLDINGHAUSEN	1980			00:28:21	1	-
WJED	KÖHLER	TANJA	TV LANGENHOLDINGHAUSEN	1976			00:29:13	1	-
WJED	KURTH	INES	TV LANGENHOLDINGHAUSEN	1986			00:25:06	1	-
WJED	MINKEWITZ-RADDOEV	NADINE	TSV SIEGEN	1978	00:38:05			1	-
WJED	NIWAR	KRISTINA	TV LANGENHOLDINGHAUSEN	1985			00:28:22	1	-
WJED	PANNING-DORNSEIFER	NICOLE	TV LANGENHOLDINGHAUSEN	1977			00:29:01	1	-
WJED	RATH	ANNE	TUS ERNDTEBRÜCK	1997			00:34:49	1	-
WJED	SAUER	ROXANA	EISERFELDER TV	1994	00:40:50			1	-
WJED	SUZUKI	SHIHO		1977		00:36:00		1	-
WJED	WETH	ALEXANDRA	MUSIKZUG FF NETPHEN	1983		00:42:02		1	-
MJED	KRINGE	MARKUS	CVJM SIEGEN	1976	00:27:33	00:29:50	00:19:50	3	1:17:13
MJED	FUCHS	WOLFGANG	TSG HELBERHAUSEN	1966	00:27:29	00:31:28	00:20:22	3	1:19:19
MJED	STÖCKER	KEANU	TUS ERNDTEBRÜCK	2003	00:27:58	00:33:24	00:19:12	3	1:20:34

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
MJED	SCHNEIDER	FRANK	TV LANGENHOLDINGHAUSEN	1974	00:30:33	00:33:30	00:22:40	3	1:26:43
MJED	SCHMIDT	THORSTEN	TUS ERNDTEBRÜCK	1970	00:30:53	00:34:07	00:23:02	3	1:28:02
MJED	WETTER	ALEX	TEAM TVE NETPHEN	1980	00:32:19	00:35:12	00:22:33	3	1:30:04
MJED	BERGER	MARCO	TV LANGENHOLDINGHAUSEN	1980	00:35:56	00:37:26	00:25:08	3	1:38:30
MJED	PÖCK	MARCEL	TV LANGENHOLDINGHAUSEN	1977	00:35:56	00:37:26	00:25:12	3	1:38:34
MJED	STING	MICHAEL	TV LANGENHOLDINGHAUSEN	1968	00:34:47	00:38:09	00:25:56	3	1:38:52
MJED	LAUFMANN	THOMAS	TV LANGENHOLDINGHAUSEN	1979	00:35:50	00:40:37	00:26:29	3	1:42:56
MJED	OERTER	ROLF	NETPHEN	1966	00:36:56	00:39:37	00:26:30	3	1:43:03
MJED	ZÖLLER	DIRK	ASC WEIßBACHTAL	1960	00:39:38	00:42:37	00:27:30	3	1:49:45
MJED	WEBER	SEBASTIAN	TUS DEUZ	1980	00:44:07	00:47:02	00:30:26	3	2:01:35
MJED	DE HAAN	ULRICH	LT FISCHBACHERBERG	1947	*	00:53:18	*	3	-
MJED	KORSTIAN	GABRIEL	57WASSER	1991	*	00:33:22	00:21:54	3	-
MJED	KRAFT	ARTEM	TV LANGENHOLDINGHAUSEN	1985	*	*	00:25:12	3	-
MJED	PAUKE	PASCALE	TEAM TVE NETPHEN	1980	*	00:31:09	00:21:20	3	-
MJED	ROTH	KEVIN	57WASSER	1988	*	*	00:19:31	3	-
MJED	DÖRR	OLIVER	TV LAA. ESPETERSPORT	1981	00:35:29	*		2	-
MJED	EGGERS	KEVIN	57WASSER	1993	*		00:28:08	2	-
MJED	ERMERT	MICHAEL	SIEGEN	1992	00:35:38		00:26:59	2	-
MJED	FRIEDRICH	FELIX	TUS ERNDTEBRÜCK	2001		00:31:23	00:21:41	2	-
MJED	KLEIN	LARS	ASC WEIßBACHTAL	1980	00:28:01	00:31:46		2	-
MJED	KRINGE	MIRKO	CVJM SIEGEN	1998		00:31:37	00:22:53	2	-
MJED	KÜTHE	STEPHAN		1962	00:42:45	*		2	-
MJED	NETZ	TIM	LT FISCHBACHERBERG	1950		00:53:33	00:34:36	2	-
MJED	PLETT	MARKUS	TSG HELBERHAUSEN	1991	*		00:18:21	2	-
MJED	SCHREIBER	FABIAN	TV ALLENBACH	2000	00:31:58		00:22:06	2	-
MJED	STAHL	RÜDIGER	ASC WEIßBACHTAL	1967		00:31:44	*	2	-
MJED	UEBACH	FRIEDRICH	TUS ADH WEIDENAU	1950		00:41:31	00:27:16	2	-
MJED	WAGENER	TORSTEN	MUSIKZUG FF NETPHEN	1975		00:42:02	00:26:29	2	-
MJED	WEBER	ULRICH	LAUFTREFF HANKER	1961	00:42:23	00:45:09		2	-
MJED	AFHOLDERBACH	FRANK	TUS FERNDORF	1979		00:31:31		1	-
MJED	BAUMHOFF	HENDRIK		1985			00:25:42	1	-
MJED	BRUCH	MARKUS	TV LANGENHOLDINGHAUSEN	1980			00:24:57	1	-
MJED	DITSCHKE	DANIEL	SG SIEGEN-GIERSBERG	1994	00:28:00			1	-
MJED	FRENSCH	JONAS	TEAM TVE NETPHEN/LGK	2000		00:27:57		1	-
MJED	HAMBEL	CHRISTOPH	THE LEINCHENS ON RUN	1988		00:37:15		1	-
MJED	LUCKS	SEBASTIAN		1977	00:34:59			1	-
MJED	MÜERMANN	MARCUS	TUS FERNDORF	1982			00:24:13	1	-
MJED	NIWAR	ACHIM	TV LANGENHOLDINGHAUSEN	1986			00:24:57	1	-
MJED	REICHOW	DIRK	TUS FERNDORF	1963	00:38:09			1	-
MJED	REITMEIER	GERHARD	SG SIEGEN-GIERSBERG	1955			00:33:46	1	-
MJED	RIEDL	KARSTEN		1967			00:29:13	1	-
MJED	SCHAEFER	DIRK	HAUBERGSKNACKER	1987	00:38:22			1	-
MJED	SCHNEIDER	PATRICK	TV LANGENHOLDINGHAUSEN	1982			00:23:34	1	-
MJED	SCHOLL	CHRISTIAN	ALCHER TG	1981	00:25:38			1	-
MJED	SILBERSDORF	KAI	SIEGEN	1974	00:38:10			1	-
MJED	STEFFE	ROLAND	TVE NETPHEN	1957		00:45:34		1	-
MJED	STÖTZEL	CHRISTOPHER	TVE NETPHEN	2000			00:17:39	1	-
MJED	WAGNER	DANIEL CHECKER	TV LANGENHOLDINGHAUSEN	1984		00:39:28		1	-
MJED	WETH	PATRICK	MUSIKZUG FF NETPHEN	1972		00:42:02		1	-
WWALK	MERZ	LISA	ASC WEIßBACHTAL	1987	00:42:40	00:46:38	00:31:28	3	2:00:46
WWALK	SCHULTE	SUSANNE		1969	00:47:30	00:52:06	00:35:39	3	2:15:15
WWALK	SCHNEIDER-DENß	CAROLIN	TV LANGENHOLDINGHAUSEN	1974	00:52:18	00:57:01	00:38:07	3	2:27:26
WWALK	SCHLABACH	URSULA		1954	00:53:45	00:57:38	00:39:56	3	2:31:19
WWALK	JÜNGER	PETRA	TV EICHEN	1966	00:59:12	00:55:38	00:38:09	3	2:32:59

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
WWALK	BERGER	LENA	TV LANGENHOLDINGHAUSEN	2008		01:00:02	00:38:37	2	-
WWALK	BREUER	SIMONA		1961	00:59:13	01:02:04		2	-
WWALK	EBENER	INGRID	TG RUDERSDORF	1949		00:59:20	00:37:50	2	-
WWALK	FUCHS	HEIKE	TSG HELBERHAUSEN	1964		00:57:04	00:38:47	2	-
WWALK	HENKEL	INGRID	TSV AUE-WINGESHAUSEN	1956		00:59:01	00:40:45	2	-
WWALK	HOFFMANN	RILANA	TUS FERNDORF	1980	00:53:38	00:59:18		2	-
WWALK	KRAUSE	BEATRIX	TUS FERNDORF	1973	00:50:12		00:37:43	2	-
WWALK	NÖH	MIRIAM		1982		01:00:22	00:42:09	2	-
WWALK	SCHNEIDER	ANKE	TVE NETPHEN	1978		01:00:22	00:42:09	2	-
WWALK	SCHNEIDER	CHRISTA	TV LANGENHOLDINGHAUSEN	1950	01:13:24		*	2	-
WWALK	STETTNER	MARLENE	ANLAUF SIEGEN	1946		00:57:36	00:39:33	2	-
WWALK	STÖTZEL	ANITA	TV LANGENHOLDINGHAUSEN	1948	01:13:26		*	2	-
WWALK	ARNOLD	HEIDI	TUS FERNDORF	1967		00:59:17		1	-
WWALK	BERGER	NADINE	TV LANGENHOLDINGHAUSEN	1985			00:46:46	1	-
WWALK	DECKER	PETRA	TVE NETPHEN	1957		01:18:45		1	-
WWALK	DORNSEIFER	GIESELA	TV LANGENHOLDINGHAUSEN	1948			00:54:25	1	-
WWALK	JUNG	MECHTHILD		1957		00:55:36		1	-
WWALK	KERLISCH	NICOLE		1979		01:01:12		1	-
WWALK	LANGENBACH	HEIKE		1983	00:47:27			1	-
WWALK	LÜTZ	CARMEN	TUS FERNDORF	1966	00:53:38			1	-
WWALK	NOCKEMANN	ANNA	TV LANGENHOLDINGHAUSEN	1984			00:41:14	1	-
MWALK	KNECHT	OLAF	TSV FRANKENBERG/EDER	1977	00:33:29	00:40:22	00:24:58	3	1:38:49
MWALK	THIELMANN	DIRK	ASC WEIßBACHTAL	1965	00:44:41	00:49:04	00:34:06	3	2:07:51
MWALK	KÜHN	MICHAEL	TUS DAHLBRUCH	1963	00:46:05	00:51:42	00:36:23	3	2:14:10
MWALK	NÖLL	MARTIN	CVJM SIEGEN SG	1964	00:47:43	00:53:27	00:37:47	3	2:18:57
MWALK	BODE	CHRISTIAN	TV LANGENHOLDINGHAUSEN	1981	00:52:18	00:57:00	00:38:07	3	2:27:25
MWALK	RITTER	HORST	VTV FREIER GRUND	1949	00:54:49	01:00:40	00:41:22	3	2:36:51
MWALK	ERWIN	KLAUS	DIE DIENSTAGSLÄUFER	1967	00:59:36	01:05:03	00:43:15	3	2:47:54
MWALK	MÜLLER	WOLFGANG	TVE NETPHEN	1955	00:50:22	01:18:45	00:40:31	3	2:49:38
MWALK	BODE	PAUL	TV LANGENHOLDINGHAUSEN	2008	01:13:26	01:00:02	00:38:37	3	2:52:05
MWALK	KORSTIAN	GABRIEL	57WASSER	1991	00:51:53	*	*	3	-
MWALK	PAUKE	PASCALE	TEAM TVE NETPHEN	1980	00:47:27	*	*	3	-
MWALK	EGGERS	KEVIN	57WASSER	1993	00:51:54		*	2	-
MWALK	HENKEL	EDDY	TSV AUE-WINGESHAUSEN	1954		00:59:01	00:40:46	2	-
MWALK	JÜNGER	ECKHARD	TV EICHEN	1952		00:57:42	00:39:41	2	-
MWALK	QUEIßER	FRANK	TUS MÜSEN	1969		00:49:04	00:29:25	2	-
MWALK	SCHEFCZYK	WOLFGANG		1947	00:59:36		00:49:23	2	-
MWALK	SIEWER	HAJO	SKICLUB OLPE	1952	00:41:39	00:46:47		2	-
MWALK	BESSE	PAUL	TVE NETPHEN	1954			00:40:35	1	-
MWALK	BORKENSTEIN	WOLFGANG	ASC WEIßBACHTAL	1962		00:57:12		1	-
MWALK	EBERS	JÜRGEN	RSF HOLLEKUSSE	1944		00:54:15		1	-
MWALK	GREBE	WOLFGANG	TVE NETPHEN	1962		01:06:36		1	-
MWALK	LATSCH	WOLFGANG		1950			00:42:09	1	-
MWALK	MÜNZNER	FRANK	ANZHAUSEN	1957		00:55:52		1	-
MWALK	REIFFENRATH	LOTHAR	WILDEN	1950	00:55:58			1	-
MWALK	REITZ	DIRK		1962			00:42:35	1	-
MWALK	SCHNEIDER	JENS	BAD FREDEBURG	1962		00:52:26		1	-
WHK	KUNZE	MELINA	57WASSER	2000	00:59:49	00:58:54	00:49:07	3	2:47:50
WHK	BAY	FRANCA		1999	01:04:56	01:06:11	00:54:57	3	3:06:04
WHK	MITTLER	MATTEA	CROWN TOWN RUNNERS	2002	*		00:49:38	2	-
WHK	KOPELKE	LEA		1997		01:05:34		1	-
WHK	OERTER	EMILY	CROWN TOWN RUNNERS	1999			00:50:24	1	-
MHK	FUCHS	ARNE	TSG HELBERHAUSEN	1996	00:45:08	00:45:09	00:38:36	3	2:08:53
MHK	STÖTZEL	JONAS	57WASSER	1997	01:15:34		01:06:36	2	-

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
MHK	ALBERTS	JOSHUA	OTTO QUAST	1998			01:07:20	1	-
MHK	COLLINS	LOUIS		1996			00:47:48	1	-
MHK	DAUB	CHRISTIAN DAVID	SSV MEISWINKEL	1997			00:43:40	1	-
MHK	DAUB	JAN MICHEL	SSV MEISWINKEL	1996			00:43:44	1	-
MHK	FERRER	JOSE		1999	01:01:45			1	-
MHK	SCHNEIDER	DAVID	LT ENNERT	1995		00:42:18		1	-
MHK	HAGEMEIER	MICHA		1996			00:48:59	1	-
MHK	HILLENBERG	JAN	CROWN TOWN RUNNERS	1995			00:38:50	1	-
MHK	KRIPPNER	MORITZ		1995			00:47:31	1	-
MHK	STEFFE	JAKOB	TVE NETPHEN	1997			00:37:30	1	-
W30	FLORY	SANDRA	TUS FERNDORF	1993	00:49:17	00:50:51	00:44:49	3	2:24:57
W30	HÄHNER	IRIS	TUS DEUZ	1991	00:54:44		00:46:32	2	-
W30	EISEL	LEA	SCHACHTSPÄDDCHEN	1994		01:02:00		1	-
W30	PAPROTNY	LISA	TVE NETPHEN	1993		01:05:34		1	-
W30	SCHÜMMER	KIRA		1994	00:56:47			1	-
M30	BRÄUER	MARKUS		1990	00:46:43	00:48:17	00:39:31	3	2:14:31
M30	SCHMIDT	JONAS	SG SIEGEN-GIERSBERG	1992	00:52:25	00:51:18	00:45:34	3	2:29:17
M30	PLETT	MARKUS	TSG HELBERHAUSEN	1991	00:43:22		*	2	-
M30	BERNHARDT	MARCEL	TVE NETPHEN	1990		00:44:31		1	-
M30	DICKEL	JAN-MARTEN	LG WITTGENSTEIN	1993			00:37:12	1	-
M30	FARNSCHLÄDER	JANNIK	DJK MUDERS./TUS DEUZ	1991		00:41:57		1	-
M30	KRAFT	ILJA	TV 1980 LANGENHOLDINGHAUSEN	1990			00:52:49	1	-
M30	RAUPACH	JENS	CLV SIEGERLAND	1990			00:39:08	1	-
M30	RÖCHER	JOHANNES	TV BÜSCHERGRUND	1993			00:39:27	1	-
M30	SCHNEIDER	MIKE	TV FREDEBURG	1993		00:49:45		1	-
M30	SCHOLZ	MALTE	TV LAA./ESPETERSPORT	1991	00:44:47			1	-
M30	VITT	JAN	SV GERM. SALCHENDORF	1992			00:50:42	1	-
M30	WILLERT	JOHANNES	TUS ERNDTEBRÜCK	1990	00:42:27			1	-
M30	WINKEL	JONAS	TUS DEUZ	1991			00:35:50	1	-
W35	BERG	MAREN	EISERFELDSER TV	1989		01:13:33		1	-
W35	HEßLER	CHRISTINE	BAD BERLEBURG	1989	00:57:00			1	-
W35	LEDWIG	IWONA	MAMA X 3	1989	00:55:32			1	-
W35	NÜCHTERN-BAUMHOFF	STEFANIE		1986			00:51:22	1	-
M35	HEIN	ALEXANDER	KREUZTAL	1986	00:43:48	00:48:13	00:43:00	3	2:15:01
M35	WOLLNY	BJÖRN		1987	00:49:14	00:51:10	00:43:54	3	2:24:18
M35	KRAFT	ARTEM	TV LANGENHOLDINGHAUSEN	1985	00:49:54	00:52:48	00:52:50	3	2:35:32
M35	HARTUCHE	OVIDIU	SIEGEN	1985	00:59:06	00:57:11	00:50:12	3	2:46:29
M35	STEIMEL	VALERIAN	57WASSER	1989	01:15:35	01:27:46	01:06:36	3	3:49:57
M35	ROTH	KEVIN	57WASSER	1988	00:50:15	00:49:55	*	3	-
M35	BURBACH	ROMAN	SV BRACHTHAUSEN	1989	00:52:09	00:53:03		2	-
M35	ERMERT	MARTIN	DAADENER TV	1985	00:43:54		00:39:34	2	-
M35	HOFFMANN	FLORIAN		1988	00:43:23	00:43:00		2	-
M35	KÖLSCH	MIKE	CLV-SIEGERLAND	1987	00:47:37		00:42:40	2	-
M35	BROGNERI	ESPI		1987			00:46:29	1	-
M35	DALLY	TIM	TUS DEUZ	1985		00:40:51		1	-
M35	KRÄMER	PATRICK	ASC WEIßBACHTAL	1985			00:39:56	1	-
M35	KURTH	ANDREAS	TV 1980 LANGENHOLDINGHAUSEN	1986			00:53:36	1	-
M35	STUTTE	JAN		1988	00:58:23			1	-
M35	WAFFENSCHMIDT	AXEL	FLECKER Ü40 RUN+AGGI	1987			00:53:35	1	-
W40	SCHÄFERS	KATHI	CROWN TOWN RUNNERS	1984	00:44:20	00:46:01	00:39:36	3	2:09:57
W40	DI TEODORO	KATRIN	TV EICHEN	1980	00:52:30	00:53:34	00:45:50	3	2:31:54
W40	GROOS	KATHARINA	SV GERM. SALCHENDORF	1984	01:00:21	00:59:03	00:50:41	3	2:50:05
W40	HARTRAMPF	NICOLE	ROTHAAR AKTIV	1982	01:01:19	01:01:28	00:52:29	3	2:55:16

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
W40	KUCKENBURG	SABINE	ASC WEIßBACHTAL	1981	01:03:26	01:03:05	00:51:29	3	2:58:00
W40	MOCKENHAUPT	SABRINA	LAV STADTWERKE TÜBINGEN	1980		00:44:19		1	-
W40	REUTER	MELANIE	ASC BREIDENBACH	1980	01:07:34			1	-
M40	BÜDENBENDER	BJÖRN	TRAILTEAM SIEGERLAND	1982	00:44:55	00:46:07	00:40:07	3	2:11:09
M40	WERTHEBACH	TIM	57WASSER	1981	00:51:45	00:51:53	00:41:17	3	2:24:55
M40	DÖRR	OLIVER	TV LAASPHE	1981	*	01:05:25		2	-
M40	FELDHEIM	MARC	SIEGEN	1980	00:50:27	00:51:36		2	-
M40	NOCKEMANN	TIM	TV LANGENHOLDINGHAUSEN	1981	01:03:52		00:55:55	2	-
M40	PFAU	ALEXANDER	DAADENER TV	1984	00:43:46		00:41:08	2	-
M40	ZIEGENBERG	MARTIN	TV EISERFELD LT	1984		00:56:02	00:48:22	2	-
M40	BECKER	CHRISTIAN	TUS DEUZ	1981			00:36:15	1	-
M40	BECKMANN	NICO	FLECKER Ü40 RUN+AGGI	1981			00:50:56	1	-
M40	BOHN	ALEX		1980	00:48:42			1	-
M40	FRIEDL	SASCHA	CROWN TOWN RUNNERS	1984			00:50:48	1	-
M40	GERINGER	EUGEN	TV 1980 LANGENHOLDINGHAUSEN	1981			00:45:45	1	-
M40	HORCH	VIKTOR	TUS DEUZ	1980			00:35:17	1	-
M40	KNIPP	FLORIAN	WANDERGRP.HOLLEKUSSE	1981			00:45:36	1	-
M40	LORSBACH	THOMAS	TUS DEUZ	1983	00:41:48			1	-
M40	REIFFENRATH	MARCO	VTV FREIER GRUND	1981	00:48:53			1	-
M40	STRACK	MANUEL	TV LAASPHE	1981	00:49:46			1	-
M40	WAFFENSCHMIDT	PETER		1983	00:51:48			1	-
W45	SENNER	BIANCA	TUS DEUZ	1978	00:53:41	00:54:52	00:46:33	3	2:35:06
W45	GIEBELER	LARISSA	ASC WEIßBACHTAL	1976	00:59:30	01:02:29	00:53:34	3	2:55:33
W45	FUCHS	INGRID	TV LANGENHOLDINGHAUSEN	1976	00:59:07	00:57:49	*	3	-
W45	KOBER	NICOLE	TUS FISCHBACHERHÜTTE	1975			01:00:28	1	-
M45	SÄNGER	FALK		1979	00:47:19	00:49:40	00:43:49	3	2:20:48
M45	KOPFER	MICHAEL	TUS DEUZ	1976	00:50:48	00:51:30	00:44:11	3	2:26:29
M45	VETTER	AXEL	ASC WEIßBACHTAL	1979	00:53:10	00:56:55	00:47:33	3	2:37:38
M45	FALK	JENS	VTV FREIER GRUND	1975	00:56:34	00:56:54	00:47:56	3	2:41:24
M45	RATH	STEFFEN	SG SIEGEN-GIERSBERG	1979	00:51:57	00:52:50		2	-
M45	SCHNEIDER	FLORIAN	TV LITTFELD / LGK	1979	00:44:05	00:44:55		2	-
M45	WALDRICH	KONRAD	57WASSER	1977	01:02:27	01:03:20		2	-
M45	DONNER	ROGER		1978			00:50:07	1	-
M45	FREYWALD	SAMUEL	PMD	1979			00:52:37	1	-
M45	KLEIN	STEPHAN	ASC WEIßBACHTAL	1979			00:43:44	1	-
M45	KLÖCKNER	MIKE		1977		01:01:28		1	-
M45	MÜLLER	ANDREE	TV 1980 LANGENHOLDINGHAUSEN	1978			00:43:43	1	-
M45	WENIGER	SEBASTIAN		1977	00:54:29			1	-
W50	SUNDER	TANJA		1974	00:52:04	00:53:06	00:46:47	3	2:31:57
W50	BORKENSTEIN	DANIELA	ASC WEISSBACHTAL	1970	01:04:35	01:02:26	00:54:51	3	3:01:52
W50	GRAFE	ASTRID	TUS MÜSEN	1973	00:52:35	00:58:50		2	-
W50	GROßE GEHLING	HEIDI	TV KREUZTAL	1971	00:53:36	00:57:14		2	-
W50	SCHNEIDER-SCHAFFARCZIK	ANJA	ASC WEIßBACHTAL	1971	00:55:38	00:59:05		2	-
W50	STEMMER	BETTINA	TV OLPE	1973		01:04:40	00:54:37	2	-
W50	DÜNGER	CARMEN	TG FRIESEN	1971	01:06:42			1	-
W50	GÖRNIG	BIANCA	SG SIEGEN-GIERSBERG	1973	01:04:47			1	-
W50	GRAFFMANN	STEFANIE	TUS ERNDTEBRÜCK	1973			00:58:13	1	-
M50	DAVID	INGO	TSG HELBERHAUSEN	1972	00:58:07	01:02:07	00:47:43	3	2:47:57
M50	BERG	OLIVER	ASC WEIßBACHTAL	1970	00:52:42	00:54:14		2	-
M50	KRATZEL	MATTHIAS		1974	00:48:14		00:43:49	2	-
M50	BAMBERGER	MARKUS	TV LAASPHE	1970	00:48:22			1	-
M50	BERGMANN	CHRISTOPH	TVE NETPHEN	1973		00:41:18		1	-
M50	HINDERTHÜR	FRIEDRICH	ASC WEIßBACHTAL	1973			00:51:16	1	-
M50	HORN	PETER	TSG HELBERHAUSEN	1973			00:50:02	1	-

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
M50	KLEIN	HOLGER	RSV DAADETAL	1971	01:00:22			1	-
M50	KLUGE	HOLGER	LAUFLIEBE	1972			00:46:52	1	-
M50	KOBER	DIRK	TUS FISCHBACHERHÜTTE	1972			00:54:58	1	-
M50	KRAUSE	JÖRN	TUS FERNDORF	1973			00:56:47	1	-
M50	NITSCHKE	DIRK	EISERFELDER TV	1974			00:52:12	1	-
M50	RAHRBACH	CHRISTIAN	TUS 09 DROLSHAGEN	1970		00:55:21		1	-
M50	SPRECKELMEYER	MATTHIAS		1973			00:56:14	1	-
W55	HOFFMANN	SABINE	ASC WEIßBACHTAL	1969	00:55:50	00:56:11	00:49:37	3	2:41:38
W55	BRUCH	VIOLA	TSG HELBERHAUSEN	1969	00:59:28	01:02:04	00:52:00	3	2:53:32
W55	HENRICHS	MARIA	TUS 08 BILSTEIN	1967	01:04:12	01:06:27	00:53:53	3	3:04:32
W55	JOSTING	PETRA	DIE DIENSTAGSLÄUFER	1967	01:15:46	01:21:49	01:04:43	3	3:42:18
W55	FREUND	MELANIE	ASC WEIßBACHTAL	1969		01:09:51	00:57:53	2	-
M55	BROCKFELD	STEFAN	TUS DEUZ	1966	00:45:15	00:46:20	00:38:46	3	2:10:21
M55	SENNER	ANDREAS	TUS DEUZ	1969	00:45:30	00:44:58	00:40:09	3	2:10:37
M55	GRELL	THOMAS	BSG SPARKASSE SIEGEN	1965	00:47:13	00:49:06	00:41:31	3	2:17:50
M55	BRAUKMANN	HENNING	TG GRUND	1969	00:51:07	00:52:36	00:46:04	3	2:29:47
M55	FUCHS	MARTIN	TV LANGENHOLDINGHAUSEN	1967	00:53:48	00:57:49	00:45:51	3	2:37:28
M55	LANGE	JENS	TUS ERNDEBRÜCK	1968	00:57:03	00:58:25	00:50:12	3	2:45:40
M55	BAIER	FRIEDHELM	TUS FERNDORF	1969	00:56:36	00:59:11	00:50:32	3	2:46:19
M55	RÖCHER	RÜDIGER	TUS KAAAN	1967	01:00:17	00:57:58	00:48:25	3	2:46:40
M55	ALBRECHT	ANDRE	ASC WEIßBACHTAL	1966	00:58:59	00:58:42	00:53:30	3	2:51:11
M55	GAST	JÜRGEN	EISERFELDER TV 1880	1967	01:01:14		00:52:56	2	-
M55	GRAFE	RALF	TUS MÜSEN	1966	00:52:38	00:58:50		2	-
M55	HAHNENSTEIN	UWE	W&H 1919	1968	00:52:23		00:47:53	2	-
M55	HEINISCH	MICHAEL	TUS FERNDORF	1968	00:52:44	00:53:05		2	-
M55	STAHL	RÜDIGER	ASC WEIßBACHTAL	1967		*	00:45:51	2	-
M55	TUNA	MANUEL	TSG HELBERHAUSEN	1966	00:49:28	01:03:14		2	-
M55	WILKE	STEFAN	SG SIEGEN-GIERSBERG	1966	01:14:30		01:02:21	2	-
M55	DAUB	MICHAEL	SSV MEISWINKEL	1966			01:02:22	1	-
M55	PETERSEN	FRANK	TVE NETPHEN	1969		01:05:14		1	-
M55	PRIEN	JOHANNES		1969	00:53:23			1	-
M55	SAUER	TOM	NABU SIEGEN-WITTGEN.	1966	01:03:24			1	-
M55	SEIDEL	VOLKER		1965		00:55:44		1	-
M55	STÜCHER	FRIEDRICH	CVJM UNGLINGHAUSEN	1965		00:54:25		1	-
M55	V.HARLESSEM	MARCUS	RSV OSTHELDEN	1968	00:53:28			1	-
W60	HEIN	SUSANNE	TV KREDENBACH LOHE	1962	01:05:22	01:00:43	00:54:10	3	3:00:15
W60	HARDT	HEIKE		1962	00:56:09	00:55:57		2	-
M60	GRÜBENER	HORST	TUS DEUZ	1960	00:48:35	00:49:56	00:44:19	3	2:22:50
M60	HILLEKE	WOLFGANG		1963	00:53:56	00:53:57	00:47:20	3	2:35:13
M60	HANSEL	MARTIN	TUS DEUZ	1964	00:47:54		00:45:29	2	-
M60	KONRAD	REINER	57WASSER	1963	01:03:47	01:02:19		2	-
M60	KOSIAHN	STEFAN	SG SIEGEN-GIERSBERG	1961	00:57:31			1	-
M60	STENZEL	RÜDIGER	HELBERHAUSEN	1964	01:01:43			1	-
M60	STORK	ROGER	TUS 09 DROLSHAGEN	1963		01:01:40		1	-
M60	TARFELD	MARTIN	ASC WEIßBACHTAL	1963			00:42:01	1	-
M60	WEHNER	THOMAS	ALCHER TG	1964	01:06:24			1	-
W65	SILLER	CHRISTA	TV LANGENHOLDINGHAUSEN	1955	01:12:42	01:11:34	01:00:10	3	3:24:26
M65	HEINE	ROLAND	ASC WEIßBACHTAL	1955		00:56:50		1	-
M65	MUHL	KLEMENS	DJK HERDORF	1956		00:57:36		1	-
M70	BERNSHAUSEN	PAUL-GERHARD	TV ALLENBACH	1952	01:09:44	01:11:17	01:00:39	3	3:21:40
M70	LOOCK	BERND	SKIFREUNDE HÜTTENTAL	1953	01:01:58	01:02:01		2	-
M75	DE HAAN	ULRICH	LT FISCHBACHERBERG	1947	01:37:48	*	01:28:03	3	-
M85	STÖCKER	WERNER	TUS ERNDEBRÜCK	1939	01:02:06	01:03:14	00:56:48	3	3:02:08

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
--------	----------	---------	-------------	-------	----------	---------	----------	------	--------

Männer									
MHK	FUCHS	ARNE	TSG HELBERHAUSEN	1996	00:45:08	00:45:09	00:38:36	3	2:08:53
M55	BROCKFELD	STEFAN	TUS DEUZ	1966	00:45:15	00:46:20	00:38:46	3	2:10:21
M55	SENNER	ANDREAS	TUS DEUZ	1969	00:45:30	00:44:58	00:40:09	3	2:10:37
M40	BÜDENBENDER	BJÖRN	TRAILTEAM SIEGERLAND	1982	00:44:55	00:46:07	00:40:07	3	2:11:09
M30	BRÄUER	MARKUS		1990	00:46:43	00:48:17	00:39:31	3	2:14:31
M35	HEIN	ALEXANDER	KREUZTAL	1986	00:43:48	00:48:13	00:43:00	3	2:15:01
M55	GRELL	THOMAS	BSG SPARKASSE SIEGEN	1965	00:47:13	00:49:06	00:41:31	3	2:17:50
M45	SÄNGER	FALK		1979	00:47:19	00:49:40	00:43:49	3	2:20:48
M60	GRÜBENER	HORST	TUS DEUZ	1960	00:48:35	00:49:56	00:44:19	3	2:22:50
M35	WOLLNY	BJÖRN		1987	00:49:14	00:51:10	00:43:54	3	2:24:18
M40	WERTHEBACH	TIM	57WASSER	1981	00:51:45	00:51:53	00:41:17	3	2:24:55
M45	KOPFER	MICHAEL	TUS DEUZ	1976	00:50:48	00:51:30	00:44:11	3	2:26:29
M30	SCHMIDT	JONAS	SG SIEGEN-GIERSBERG	1992	00:52:25	00:51:18	00:45:34	3	2:29:17
M55	BRAUKMANN	HENNING	TG GRUND	1969	00:51:07	00:52:36	00:46:04	3	2:29:47
M60	HILLEKE	WOLFGANG		1963	00:53:56	00:53:57	00:47:20	3	2:35:13
M35	KRAFT	ARTEM	TV LANGENHOLDINGHAUSEN	1985	00:49:54	00:52:48	00:52:50	3	2:35:32
M55	FUCHS	MARTIN	TV LANGENHOLDINGHAUSEN	1967	00:53:48	00:57:49	00:45:51	3	2:37:28
M45	VETTER	AXEL	ASC WEIßBACHTAL	1979	00:53:10	00:56:55	00:47:33	3	2:37:38
M45	FALK	JENS	VTV FREIER GRUND	1975	00:56:34	00:56:54	00:47:56	3	2:41:24
M55	LANGE	JENS	TUS ERNDTEBRÜCK	1968	00:57:03	00:58:25	00:50:12	3	2:45:40
M55	BAIER	FRIEDHELM	TUS FERNDORF	1969	00:56:36	00:59:11	00:50:32	3	2:46:19
M35	HARTUCHE	OVIDIU	SIEGEN	1985	00:59:06	00:57:11	00:50:12	3	2:46:29
M55	RÖCHER	RÜDIGER	TUS KAAAN	1967	01:00:17	00:57:58	00:48:25	3	2:46:40
M50	DAVID	INGO	TSG HELBERHAUSEN	1972	00:58:07	01:02:07	00:47:43	3	2:47:57
M55	ALBRECHT	ANDRE	ASC WEIßBACHTAL	1966	00:58:59	00:58:42	00:53:30	3	2:51:11
M85	STÖCKER	WERNER	TUS ERNDTEBRÜCK	1939	01:02:06	01:03:14	00:56:48	3	3:02:08
M70	BERNSHAUSEN	PAUL-GERHARD	TV ALLENBACH	1952	01:09:44	01:11:17	01:00:39	3	3:21:40
M35	STEIMEL	VALERIAN	57WASSER	1989	01:15:35	01:27:46	01:06:36	3	3:49:57
Frauen									
W40	SCHÄFERS	KATHI	CROWN TOWN RUNNERS	1984	00:44:20	00:46:01	00:39:36	3	2:09:57
W30	FLORY	SANDRA	TUS FERNDORF	1993	00:49:17	00:50:51	00:44:49	3	2:24:57
W40	DI TEODORO	KATRIN	TV EICHEN	1980	00:52:30	00:53:34	00:45:50	3	2:31:54
W50	SUNDER	TANJA		1974	00:52:04	00:53:06	00:46:47	3	2:31:57
W45	SENNER	BIANCA	TUS DEUZ	1978	00:53:41	00:54:52	00:46:33	3	2:35:06
W55	HOFFMANN	SABINE	ASC WEIßBACHTAL	1969	00:55:50	00:56:11	00:49:37	3	2:41:38
WHK	KUNZE	MELINA	57WASSER	2000	00:59:49	00:58:54	00:49:07	3	2:47:50
W40	GROOS	KATHARINA	SV GERM. SALCHENDORF	1984	01:00:21	00:59:03	00:50:41	3	2:50:05
W55	BRUCH	VIOLA	TSG HELBERHAUSEN	1969	00:59:28	01:02:04	00:52:00	3	2:53:32
W40	HARTRAMPF	NICOLE	ROTHAAR AKTIV	1982	01:01:19	01:01:28	00:52:29	3	2:55:16
W45	GIEBELER	LARISSA	ASC WEIßBACHTAL	1976	00:59:30	01:02:29	00:53:34	3	2:55:33
W40	KUCKENBURG	SABINE	ASC WEIßBACHTAL	1981	01:03:26	01:03:05	00:51:29	3	2:58:00
W60	HEIN	SUSANNE	TV KREDENBACH LOHE	1962	01:05:22	01:00:43	00:54:10	3	3:00:15
W50	BORKENSTEIN	DANIELA	ASC WEISSBACHTAL	1970	01:04:35	01:02:26	00:54:51	3	3:01:52
W55	HENRICHS	MARIA	TUS 08 BILSTEIN	1967	01:04:12	01:06:27	00:53:53	3	3:04:32
WHK	BAY	FRANCA		1999	01:04:56	01:06:11	00:54:57	3	3:06:04
W65	SILLER	CHRISTA	TV LANGENHOLDINGHAUSEN	1955	01:12:42	01:11:34	01:00:10	3	3:24:26
W55	JUSTING	PETRA	DIE DIENSTAGSLÄUFER	1967	01:15:46	01:21:49	01:04:43	3	3:42:18

Männer - Kurzstrecke									
MJED	KRINGE	MARKUS	CVJM SIEGEN	1976	00:27:33	00:29:50	00:19:50	3	1:17:13
MJED	FUCHS	WOLFGANG	TSG HELBERHAUSEN	1966	00:27:29	00:31:28	00:20:22	3	1:19:19
MJED	STÖCKER	KEANU	TUS ERNDTEBRÜCK	2003	00:27:58	00:33:24	00:19:12	3	1:20:34

Klasse	Nachname	Vorname	Verein/Team	Jahrg	Ferndorf	Netphen	Langenh.	Anz.	Gesamt
MJED	SCHNEIDER	FRANK	TV LANGENHOLDINGHAUSEN	1974	00:30:33	00:33:30	00:22:40	3	1:26:43
MU18	KRUMM	SIMON	ASC WEIßBACHTAL	2008	00:31:09	00:34:27	00:22:13	3	1:27:49
MJED	SCHMIDT	THORSTEN	TUS ERNDTEBRÜCK	1970	00:30:53	00:34:07	00:23:02	3	1:28:02
MU18	SCHNEIDER	FELIX	TV LANGENHOLDINGHAUSEN	2007	00:33:38	00:34:08	00:21:31	3	1:29:17
MJED	WETTER	ALEX	TEAM TVE NETPHEN	1980	00:32:19	00:35:12	00:22:33	3	1:30:04
MJED	BERGER	MARCO	TV LANGENHOLDINGHAUSEN	1980	00:35:56	00:37:26	00:25:08	3	1:38:30
MJED	PÖCK	MARCEL	TV LANGENHOLDINGHAUSEN	1977	00:35:56	00:37:26	00:25:12	3	1:38:34
MJED	STING	MICHAEL	TV LANGENHOLDINGHAUSEN	1968	00:34:47	00:38:09	00:25:56	3	1:38:52
MJED	LAUFMANN	THOMAS	TV LANGENHOLDINGHAUSEN	1979	00:35:50	00:40:37	00:26:29	3	1:42:56
MJED	OERTER	ROLF	NETPHEN	1966	00:36:56	00:39:37	00:26:30	3	1:43:03
MJED	ZÖLLER	DIRK	ASC WEIßBACHTAL	1960	00:39:38	00:42:37	00:27:30	3	1:49:45
MJED	WEBER	SEBASTIAN	TUS DEUZ	1980	00:44:07	00:47:02	00:30:26	3	2:01:35

Frauen - Kurzstrecke									
WJED	DORNHÖFER	LENA	TSG HELBERHAUSEN	1992	00:27:31	00:32:47	00:21:26	3	1:21:44
WJED	FUCHS	MARIE	TSG HELBERHAUSEN	1994	00:33:34	00:36:55	00:25:50	3	1:36:19
WU18	MÜNZNER	SOPHIA	ASC WEIßBACHTAL	2008	00:34:20	00:39:31	00:25:46	3	1:39:37
WJED	WAGENER	TAMARA	NETPHEN	1972	00:35:36	00:39:25	00:26:17	3	1:41:18
WJED	VOLLPRACHT	FRANZISKA	TUS HILCHENBACH/LGK	1998	00:35:28	00:39:22	00:26:38	3	1:41:28
WJED	V.BARNEKOW-SCHMIDT	BRITA	TSV AUE-WINGESHAUSEN	1965	00:40:51	00:42:53	00:28:02	3	1:51:46
WJED	JÜNGST	BARBARA	ASC WEIßBACHTAL	1954	00:42:34	00:45:09	00:29:59	3	1:57:42